



POINTS WEST
— LIVING —

Heritage House - Vegreville

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:30 Exercises 1 1:00 Bean Bag Toss 2:30 Snowflake Suncatcher Craft	9:30 Bowling with Kristen 2 10:30 Exercises 1:00 Bingo	10:30 Exercises 3 2:30 Sunshine Band: Hymn Sing-Along
10:30 Exercises 4	10:00 Crib in T4 5 10:30 Exercises 1:00 Baking with Kristen	10:00 Card Games 6 10:30 Exercises 1:15 Music with Orest	10:00 Card Games in T4 7 10:30 Exercises 1:30 Brian Kendall - Memory Lane Performance	10:30 Exercises 8 1:30 Heart Crafts	9:30 Bowling with Kristen 9 10:30 Exercises 1:00 Bingo	10:30 Exercises 10
10:30 Exercises 11	10:00 Hangman & Word Womp 12 10:30 Exercises 1:30 Java Music Club (T4)	10:00 Crib in T4 13 10:30 Exercises 1:30 Valentine's Tea	10:00 Visits with Kristen 14 10:30 Exercises 1:00 Bingo 6:30 Companions on the Journey Sing- Along	10:00 Visits with Kristen 15 10:30 Exercises 1:00 Bean Bag Toss	9:30 Bowling with Kristen 16 10:30 Exercises 1:00 Bingo	10:30 Exercises 17 1:30 Loretta and Friends Entertainment
10:30 Exercises 18	Family Day 19 10:30 Exercises	10:00 Holy Trinity Service 20 10:00 Crib in T4 10:30 Exercises 1:00 Coffee and Tea Club with Recreation (Rec Kitchen)	10:00 Card Games 21 10:30 Exercises 1:30 Music with Tony Mapa 1:30 Monthly Birthday Party	10:00 Card Games in T4 22 10:30 Exercises 1:30 United Church Service 1:30 Card Games in Memory Lane	9:30 Bowling with Kristen 23 10:30 Exercises 1:00 Bingo	10:30 Exercises 24
10:30 Exercises 25	10:00 Coffee with Chef Dennis 26 10:30 Exercises 1:30 Java Music Club (T4)	10:00 Puzzles in the Rec Kitchen 27 10:30 Exercises 1:00 Bingo	Pink Shirt Day - Anti-Bullying Awareness 28 10:00 Crib in T4 10:30 Exercises 2:00 Personal Touch Fashions	10:00 Trivia in T4 29 10:30 Exercises 1:30 Movie Afternoon in the Main Living		