










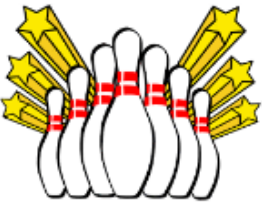








# February 2024

## Points West Living Cold Lake



POINTS WEST  
— LIVING —

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday   |
|--|--|---|--|--|--|--|
|  |  |   |  | 10:30 Manicure<br>2:00 Bingo<br>6:45 Funny videos<br>               | 10:30 Visiting Time<br>2:00 Curling<br>6:45 Tea & Chat   | 6:45 Picture World<br>Bingo  |
| 6:45 Puzzles /Coloring<br> | 4 11:00 Chair Zumba<br>2:00 Bean Bag Toss<br>6:45 Manicure         | 5 11:00 Tai Chi Exercises<br>2:00 Bingo<br>6:45 Snakes & Ladders<br>  | 6 2:00 Basketball<br>6:45 Picture Word Bingo<br>                                 | 7 11:00 Spiritual hour (TV)<br>2:00 Bingo<br>6:45 Bowling  | 8 10:30 Making Pizza Dessert<br>2:00 Kids visiting<br>6:45 Country Music<br> | 9 6:45 Puzzles /Coloring   |
| 10 6:45 Funny videos   | 11 10:30 Bored Board<br>2:00 Tower Toss<br>6:45 Picture Word Bingo | 12 2:00 Bingo<br>6:45 Tea & Chat<br>  | 13 10:00 Baking - Valentine's day<br>2:00 Bowling<br>6:45 Puzzles /Coloring<br> | 14 11:00 Chair Zumba<br>2:00 Bingo<br>6:45 Snakes & Ladders  | 15 10:30 Manicure<br>2:00 Curling<br>6:45 Car Race   | 16 6:45 Spiritual hour (TV)<br> |
| 17 6:45 Bowling<br>        | 18 6:45 Manicure   | 19 11:00 World Virtual Tour<br>2:00 Bingo<br>6:45 Snakes & Ladders  | 20 11:00 Chair Zumba<br>2:00 Darts<br>6:45 Tea & Chat<br>                       | 21 12:00 Birthday Celebration<br>6:45 Tower Toss<br>              | 22 10:30 Visiting Time<br>2:00 Bean Bag Toss<br>6:30 Communion hour E&A  | 23 6:45 Puzzles/Color  |
| 24 6:45 Watching videos  | 25 11:00 Chair Zumba<br>2:00 Tower Toss<br>6:45 Snakes & Ladders   | 26 11:00 Dog Visiting<br>2:00 Bingo<br>6:30 Medley Girl Guides<br>  | 27 10:30 Bored Board<br>2:00 Basketball<br>6:45 Picture Word Bingo   | 28 10:30 Chocolate and Cookies<br>2:00 Bingo<br>6:45 Painting<br> |   |  |