## November 2023





Heritage	House -	<mark>/</mark> egre	ville

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AARRA AARAA		- Lois Vinnish Lorna Hoggins	10:00 Crib in T4 <b>1</b> 10:30 Exercises 1:00 Bingo	10:30 Exercises 2:00 Sassy Pants Clothing Pop-up Shop	9:30 Bowling with Kristen 10:30 Exercises 1:00 Bingo	10:30 Exercises 4
10:30 Exercises 5	10:00 Puzzles in the Rec Kitchen 10:30 Exercises 1:00 Resident & Family Council Meeting	10:00 Card Games & <b>7</b> Word Womp in T4 10:30 Exercises 1:30 Music with Orest	10:00 Poppy craft - <b>8</b> prep 10:30 Exercises 1:00 Bingo 3:00 St. Vladmir's	10:00 Visits with Kristen 10:30 Exercises 1:00 Poppy craft	9:30 Bowling with Kristen 10:30 Exercises 1:00 Bingo	Remembrance Day 11 10:30 Exercises
10:30 Exercises <b>12</b>	Holiday for <b>13</b> Remembrance Day 10:30 Exercises	10:00 Jeopardy in T4 14 10:30 Exercises 1:00 Baking with Kristen - NEW!	10:00 Boardgames in T4 10:30 Exercises 1:30 Music with Tony Mapa 1:30 Monthly Birthday Party	10:00 Card Games in T4 10:30 Exercises 1:00 Bean Bag Toss	9:30 Bowling with Kristen 10:30 Exercises 1:00 Bingo	10:30 Exercises 2:30 Sunshine Band: Hymn Sing- Along
10:30 Exercises <b>19</b>	10:00 Puzzles in the Rec Kitchen 10:30 Exercises 1:30 Java Music Club (T4)	10:00 Holy Trinity Service 21 10:00 Jeopardy in T4 10:30 Exercises 1:00 Coffee and Tea Club with Kristen (Rec Kitchen)	10:00 Hangman and Word Womp 10:30 Exercises 1:00 Bingo	10:30 Exercises 1:00 Card Games in T4 1:30 United Church - Remembrance Day Service 7:00 Joyful Melody Trio Performance	9:30 Bowling with Kristen 10:30 Exercises 1:00 Bingo	10:30 Exercises <b>25</b>
10:30 Exercises <b>26</b>	10:00 Coffee with Chef Dennis 10:30 Exercises 1:00 Hearty Soup Day with Jo-Anne	10:00 Christmas Decorating in T4  10:30 Exercises  1:00 Annual Eden Celebration - Bamboo Chopsticks Dinner	10:00 Advent Calendar Craft & Christmas Decorating  10:30 Exercises 1:00 Christmas Shopping Market	Decorating 10:30 Exercises 1:15 That Bob Guy	Calendar is subjand reschedulin your thoughts at the Recreation A	g. Please share nd ideas with