September 2023
Heritage House - Vegreville



| Sunday | | Monday | Tuesday | Wednesd | ay | Thursday | Friday | Saturday |
|--|---|--|---|---|----|---|--|---------------------------|
| *Calendar is subjected to changes and rescheduling. Please share your thoughts and ideas with the Recreation Aid Kristen* | | | September 17 - Melitta Zubritsky September 20 - Victor Sopko | | | | 9:30 Bowling with Kristen 10:30 Exercises 1:00 Bingo | 10:30 Exercises 2 |
| 10:30 Exercises 1:30 Bowling | 3 | Labour Day 4 | 10:00 Puzzles in the Main Living Room- NEW! 10:30 Exercises 1:30 Music with Orest | 10:30 Exercises 1:00 Bingo | 6 | 10:30 Exercises 7 1:30 Card Games & Word Womp | 9:30 Bowling with Kristen 10:30 Exercises 1:00 Bingo | 10:30 Exercises 9 |
| 10:30 Exercises 2:00 Social-Tea! | | 10:30 Exercises 11 1:00 Resident & Family Council Meeting | 10:00 Holy Trinity Service 10:30 Exercises 1:30 Java Music Club (T4) | 10:30 Exercises 1:00 Bingo 3:00 St. Vladmir's | 13 | 10:30 Exercises 14 1:30 Monthly Birthday Party | 9:30 Bowling with 15 Kristen 10:30 Exercises 1:00 Bingo | 10:30 Exercises 16 |
| 10:30 Exercises 1:30 Bowling | | 10:00 Card Games & Word Womp in T4 10:30 Exercises 1:00 Hearty Soup Day with Jo-Anne | 10:30 Exercises 19 1:00 Bingo | 10:30 Exercises 1:30 Music with Tony Mapa | 20 | 10:30 Exercises 21 1:30 That Bob Guy | 9:30 Bowling with 22 Kristen 10:30 Exercises 2:00 Personal Touch Fashions | 10:30 Exercises 23 |
| 10:30 Exercises 2:00 Social-Tea! | | 10:00 Coffee with 25 Chef Dennis 10:30 Exercises 1:30 Java Music Club (T4) | 10:30 Exercises 26 1:00 Painting - Geometric Picture | 10:00 Trivia in T4 10:30 Exercises 1:00 Bingo | 27 | 10:30 Exercises 28 1:00 Bean Bag Toss 2:00 Coffee and Tea Club with Kristen (Rec Kitchen) | 9:30 Bowling with 29 Kristen 10:30 Exercises 1:00 Bingo | 10:30 Exercises 30 |