















You are so much sunshine
in every square inch!!

July 2023

Points West Living Wainwright



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						HAPPY CANADA DAY! 1 
 2	No Recreation Today! 3 	9:30 Cookies and a Story - MC 4 10:30 Scrabble 2:00 Church Service - Irma United -CH 3:30 Let's Walk!! Meet in the Beehive	10:00 Card Games -MC 5 2:00 Floor Curling-BH 6:00 Cribbage Night- BH	10:00 Baking - MC 6 2:00 Bingo-DR	10:00 Music - MC 7 2:00 Scattogories -BH	Music by Sisters & Friends! -BH Watch bulletin board for times! 8
10:00 RC Communion 9	9:30 Fresh Air! -MC 10 2:00 Bingo -DR 2:00 Java Time - MC	10:00 Shuffleboard - MC 11 10:30 Dice Games - BH 2:00 Church Service 3:30 Crossword Challenge- BH	Sewing by Pauline 12 10:30 Horse Races - BH Bring your nickels and dimes! 2:00 Baking - BH 6:00 Campfire!	8:30 Hearing Aid Clinic 13 10:00 Exercises -MC 2:00 Bingo-DR	10:00 Hand & Nail Care - WR 14 2:00 Sing Along -BH	Music by Sisters & Friends! -BH Watch bulletin board for times! 15
10:00 RC Communion 16	9:30 Fresh Air! -MC 17 2:00 Crafts - BH 6:00 Golden Needles-BH	10:00 Cookies and a Story - WR 18 10:30 Scrabble 2:00 Church Service 3:30 Let's Walk!! Meet in the Beehive	10:00 Exercises -MC 19 2:00 Anglican Communion -CH 2:00 Birthday Celebrations! 6:00 Cribbage Night- BH	10:00 Baking - MC 20 2:00 Bingo-DR	8:30 Pancake Breakfast - BH 21 Watch for details!! 2:00 RC Mass -CH	Music by Sisters & Friends! -BH Watch bulletin board for times! 22
 23	9:30 Fresh Air! -MC 24 2:00 Bingo -DR 2:00 Java Time - MC	10:00 Shuffleboard - MC 25 10:30 Dice Games - BH 2:00 Church Service - Irma Alliance 3:30 Crossword Challenge- BH	Sewing by Pauline 26 10:00 Word Games-MC 2:00 Ice Cream Floats in the Courtyard 6:00 Cribbage Night- BH	10:00 Exercises - MC 27 10:30 Dominoes - MC 2:00 Bingo-DR	1:30 Bus Trip - Watch for details! 28	Music by Sisters & Friends! -BH Watch bulletin board for times! 29
10:00 RC Communion 30	9:30 Fresh Air! -MC 31 2:00 Hymn Sing -CH					Social events are subject to change; please share thoughts and ideas with Recreation Coordinator, Shauna Carlson @780 845-2080.