Say something positive, and you will see something positive!!

MC

4:00 HASFIT

Exercises -BH

June 2023

Points West Living Wainwright

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Coordinator, Shauna Carlson

@ 780 845-2080.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy			j	10:00 Exercises - MC 1 2:00 Bingo-DR	10:00 Pen Pals Write 2 Letters! 2:00 Scrabble &/or Dominoes - BH 5:00 Java Music & Mentors Supper	Music by Sisters & Friends! 3 -BH Watch bulletin board for times! 2:00 Visit from RC Archbishop *Meet in Beehive*
10:00 RC Communion 4	9:30 Fresh Air! -MC 10:00 Music - MC 1:15 Senior's Week Tea hosted by Quota Club. Bus to BRL @ 1:15 PM. Please sign up.	9:30 Cookies and a Story - MC 10:30 Bible Study-CH 2:00 Church Service 3:00 Points West Living OPEN HOUSE, GAMES, TREATS!!	10:00 Hand & Nail Care - WR 7 1:30 Lilac Tea @ Elk's Hall	8:30 Hearing Aid Clinic 10:00 Card Games - MC 2:00 Bingo-DR	11:30 Senior's Week 9 BBQ LUNCH 2:00 Scattegories! - BH	Music by Sisters & 10 Friends! -BH Watch bulletin board for times!
10:00 RC Communion	9:30 Fresh Air! -MC 12 2:00 Bingo -DR 2:00 Java Time -MC 4:00 HASFIT Exercises -BH	10:00 Shuffleboard - MC 13 10:30 Bible Study-CH 2:00 Church Service 3:30 Crossword Challenge- BH	Sewing by Pauline 10:00 Coloring & Coffee - MC 2:00 Ice Cream Cones in the Courtyard 4:00 HASFIT Exercises - BH 6:00 Cribbage Night-BH	10:00 Exercises - MC 15 2:00 Jeopardy - BH 6:30 Hymn Sing - CH	10:00 Music - MC 16 2:00 RC Mass -CH 2:30 Father's Day Pie Social	Music by Sisters & 17 Friends! -BH Watch bulletin board for times!
18	Stampede Week - Dress 19 Western!! 9:30 Fresh Air! - MC 2:00 Crafts - BH 6:00 Golden Needles-BH	10:00 Cookies and a Story - WR 10:30 Bible Study-CH 2:00 Church Service - Irma United 3:30 Let's Walk!! Meet in the Beehive	10:00 Baking - MC 2:00 Anglican Communion - CH 2:00 Manicures - BH 4:00 HASFIT Exercises - BH 6:00 Cribbage Night-BH	10:00 Fun & Games - 22 MC 2:00 Bingo-DR 6:00 Campfire!	10:00 Crafts - WR 23 1:30 "Picnic" in the Park	Music by Sisters & Friends! -BH Watch bulletin board for times! 9:30 Stampede Parade Watch for details!!
10:00 RC 25 Communion	9:30 Fresh Air! -MC 26 2:00 Bingo -DR 2:00 Java Time -	10:00 Shuffleboard - MC 27 10:30 Bible Study-CH 2:00 Church Service 3:30 Crossword	Sewing by Pauline 10:00 Word Games-MC 10:00 AB Clothing Co BH 2:30 Sing Along -BH	10:00 Exercises - MC 29 1:30 Bus to Riverdale - Mini Putt & Ice	10:00 Crafts - MC 30 2:00 Birthday Celebrations!	Social events are subject to change; please share thoughts and ideas with Recreation

6:00 Cribbage Night-BH

Challenge-BH

Mini Putt & Ice

Cream