

# June 2023

## Points West Living Lloydminster



POINTS WEST  
— LIVING —

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>NATIONAL NAIL POLISH DAY 1</b> 11:00 Nails Painting 2:00 Bingo	11:00 Sit to be Fit <b>2</b> 2:00 Shake Loose a Memory	11:00 Bean Bag Toss <b>3</b> 2:00 Reminscing Group
<b>NATIONAL HUG YOUR CAT DAY 4</b> 11:00 Java Time 2:00 Java Music Club	<b>Seniors Week 5</b> 11:00 Sit to be Fit 2:00 Heads Up! Game	<b>Seniors Week 6</b> 11:00 Chair Tai Chi 2:00 Bingo 7:45 Drive Thru Cruz Car Show	<b>Seniors Week Wear Blue Day 7</b> 11:00 Chit Chat in the Garden 2:00 Party with Smoothie	<b>Seniors Week World Ocean Day 8</b> 11:00 Chair Yoga 2:00 Sing Along - Bethel Lutheran Church	<b>Seniors Week 9</b> 11:00 Sit to be Fit 2:00 Bingo Special Edition	<b>Seniors Week 10</b> 11:00 Reminiscing Group 2:00 Charade Cards
11:00 Outdoor Walk <b>11</b> 2:00 Tim & Lucy Mass	11:00 Sit to be Fit <b>12</b> 1:30 Anglican Church Mass	11:00 Chair Tai Chi <b>13</b> 2:00 Bingo	<b>Wear a Hat Day 14</b> 11:00 Garden Club 2:00 Scategories	11:00 Chair Yoga <b>15</b> 2:00 Bingo	11:00 Sit to be Fit <b>16</b> 2:00 News and Views	11:00 Outdoor Walk <b>17</b> 2:00 Heads Up! Game
<b>Father's Day Barb H 18</b> 11:00 Charade Cards 2:00 Father's Day PUB Party	11:00 Sit to be Fit <b>19</b> 2:00 Bean Bag Toss	<b>David B 20</b> 11:00 Outdoor Walk 2:00 Bingo	<b>National Indigenous Peoples Day 21</b> 11:00 Tea Party 1:30 Roman Catholic Mass 2:00 Garden Party	<b>Margaret D. 22</b> 11:00 Chair Yoga 2:00 Bingo	<b>Denim Day 23</b> 10:00 Kennel Club 2:00 Noodle Hockey Game	11:00 Balloon Pop <b>24</b> 2:00 Wordle
11:00 Reminiscing Group <b>25</b> 2:00 Shake Loose a Memory	10:00 Resident Commitee meeting <b>26</b> 11:00 Sit to be Fit 2:00 Reminscing Group	<b>Canadian Multiculturalism Day 27</b> 11:00 Chair Tai Chi 2:00 Bingo	11:00 Garden Club <b>28</b> 2:00 Pictionary	11:00 Chair Yoga <b>29</b> 2:00 Bingo	11:00 Sit to be Fit <b>30</b> 2:00 Pokino	