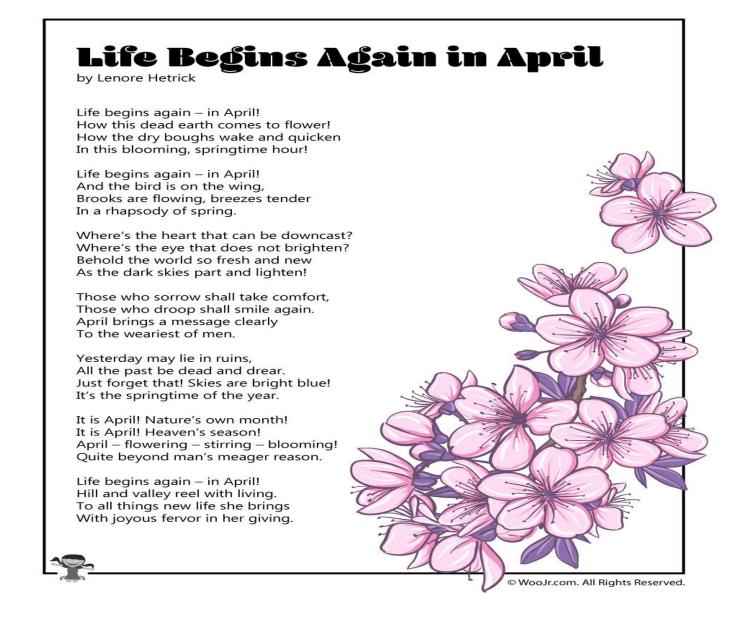
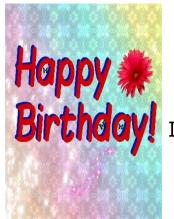
Points West Living Moose Jaw

April 2023



welcome to your new HME

Dolores Schmiess



Maureen Aitkens Apr. 1 Robert Olson – Apr. 15 Pearl Bowley - Apr. 17 Birthday! Dorothy Willoughby Apr. 20 Jose Rojas – April 22



April is known for beautiful spring weather, the start of warmer weather, and right about the time when the Easter bunny will make an appearance!

Learn all about the origins of this beautiful spring month and even some knowledgeable history facts!

We know it is the fourth month of the year, but that's only by the Gregorian calendar that we adhere to now. It was previously the fifth month in the earlier Julian calendar.

April also only had 29 days, but a 30th day was added when Julius Caesar established the Julian calendar.

In the Southern Hemisphere, April is the seasonal equivalent to <u>October</u>.

No one is sure how the month ended up with its name, but we do know the Romans named it "Aprillis."

The etymology behind the word "April" comes from the verb "aperire," which means "to open." It's commonly believed that the word refers to the season of trees and flowers begin to "open" or bloom.

Those who were born in April have a diamond as their birthstone, which represents innocence. Their birth flower is either a Daisy or a Sweet Pea.

There are two zodiac signs in April. Aries, which is until <u>April 19th</u>, and Taurus, which is April 20th and onwards.

April is a great month for meteor showers. One of which is the Lyrids meteor shower, which appears from April 16th to April 26th each year.

There's another one called the Eta Aquariids meteor shower that can be seen onwards from <u>April 21st</u>.

Of course, one of the most well-known dates of April, is April Fools' Day on the <u>1st of the month</u>. No one is sure where this originated from, but some believe it to be inspired by Geoffrey Chaucer's story in "Canterbury Tales" called "Nun's Priest's Tale."

The explosion of the Chernobyl nuclear plant in Ukraine occurred on <u>April 26, 1986</u>, which forced everyone within a 300-mile radius to be evacuated.

The smaller animals that hibernate for the winter in the Northern Hemisphere usually start coming out of their burrows in April.

April is also the month that the birds migrate north and settle down for the summer to mate.

For all the car enthusiasts out there, <u>Ford</u> unveiled their first Mustang on <u>April 17</u>, 1964, costing \$2,368.

As you can see, there's more to April than just <u>April Fool's Day</u>, although that is definitely one of the most fun days of the month!

And of course, as we all know, "April showers bring May flowers," so if the rain of April ever gets you down, never forget the silver lining!







April 3 @2pm

Easter Egg Hunt

Whist Tournament

April 4 @7pm

Green Shirt Day April 7th

Wear green today to support the Transplant Association & the Humboldt Bronco's.



April 14thth

3:30pm



Pastor Marvin



Catholic Mass



April 28th

10:30am

Minto Worship Service

April 4@2pm





No Dogs Left Behind

April 21 @ 2pm

Cribbage Tournament

April 26 @ 7pm

Birthday Celebration

April 29 @ 2:30pm

Primary Eye Care

Will be in our building on April 28th @ 1pm



For eye wear Maintenance

Bet you didn't know.....

- It is impossible for most people to lick their own elbow. (try it!)
- A crocodile cannot stick its tongue out.
- A shrimp's heart is in its head.
- It is physically impossible for pigs to look up into the sky.
- The "sixth sick sheik's sixth sheep's sick" is believed to be the toughest tongue twister in the English language.
- If you sneeze too hard, you could fracture a rib.
- Wearing headphones for just an hour could increase the bacteria in your ear by 700 times.
- In the course of an average lifetime, while sleeping you might eat around 70 assorted insects and 10 spiders, or more.
- Some lipsticks contain fish scales.
- Cat urine glows under a black-light.
- Like fingerprints, everyone's tongue print is different.
- Rubber bands last longer when refrigerated.
- There are 293 ways to make change for a dollar.
- The average person's left hand does 56% of the typing (when using the proper position of the hands on the keyboard; Hunting and pecking doesn't count!).
- A shark is the only known fish that can blink with both eyes.
- The longest one-syllable words in the English language are "scraunched" and "strengthed." Some suggest that "squirreled" could be included, but squirrel is intended to be pronounced as two syllables (squir-rel) according to most dictionaries. "Screeched" and "strengths" are two other long one-syllable words, but they only have 9 letters.
- "Dreamt" is the only English word that ends in the letters "mt".
- Almonds are a member of the peach family.
- Maine is the only state that has a one-syllable name.
- There are only four words in the English language which end in "dous": tremendous, horrendous, stupendous, and hazardous.
- Los Angeles' full name is "El Pueblo de Nuestra Senora la Reina de los Angeles de Porciuncula"
- A cat has 32 muscles in each ear.
- An ostrich's eye is bigger than its brain.
- Tigers have striped skin, not just striped fur.
- In many advertisements, the time displayed on a watch is 10:10.
- The characters Bert and Ernie on Sesame Street were named after Bert the cop and Ernie the taxi driver in Frank Capra's "It's a Wonderful Life."
- A dime has 118 ridges around the edge.
- The giant squid has the largest eyes in the world.
- Most people fall asleep in seven minutes.
- "Stewardesses" is the longest word that is typed with only the left hand.

Community Living will be here April 4th to pick up any clothing or small appliances only.

Please bring your items down to the lobby for pick up.

We are having an **Open House**, **April 18 from 1–4pm**. We are looking for Resident Ambassadors to advocate for our building. If you are interested in spending the afternoon answering questions or just saying hi to faces, please join us in the bistro for a lovely afternoon.

To book a lab appointment please call:

1-833-727-5829

If you choose to book an appointment online you will need your health card, a cell phone number or an email address.

Mayda Valgardsson, will be in on April 3 at 6:30pm for anyone who would like to get their taxes done.

She is offering a 20% discount for any referrals or new clients.

Effective April 1st there will be a \$5.00 charge for any tray that is being delivered to suites.

We will continue to drop trays for anyone that has a medical condition.

Also please rinse your dishes before sending them back to the kitchen.

Reminders:

Fun & Fitness Mondays @ 11am Chair Yoga Tuesdays & Thursdays @ 10am

Strengthening with Salina Wednesdays @ 10:30am

Shopping Day Reminder

Please follow the schedule below.

Mondays - Mall 2pm

Tuesday - Rexall & Banking 10am

Wednesday - Walmart, Co-op & Superstore

Thursday - Shoppers & Bank @ 2pm



April 7^{th,} Please wear your green today in support of the Canadian Transplant Association.

On April 6, 2018, Canadians were heartbroken to hear the news of the Humboldt Broncos bus crash. Of the 29 passengers, sixteen lost their lives and thirteen will all bear physical and emotional scars for life.

On April 7, 2018, Humboldt Broncos defenceman Logan Boulet succumbed to his injuries. His parents, Bernadine and Toby Boulet offered to donate his organs so that six lives could live on. They did so because Logan told his parents he was registering as an organ donor and that he was inspired by his coach and mentor Ric Suggitt. Ric passed on June 27th, 2017 and was also an organ donor and saved 6 lives.

Monthly Horoscope for April 2023



April 2023 is the first fullest month of spring, where, of course, the feelings are awakened, and you should listen to yourself above all. The stars are good and the horoscope for April 2023 accordingly also shows itself generous and offers chances to go new ways and to realize dreams.

As Mercury enters Taurus on April 3, this is an excellent time to focus on practical matters such as finances and material possessions. However, be aware that Mercury's square to Pluto the same day could bring some power struggles or conflicts in communication.

On April 5, Mars sextile North Node boosts energy and motivation to pursue your goals and ambitions. Meanwhile, Mercury sextile Saturn on the same day enhances concentration and attention to detail.

The Full Moon in Aries on April 6 marks a time of high energy and excitement. This is a good time to take risks and initiate new projects, but be mindful of impulsive or reckless behavior.

Venus sextile Neptune on April 7 brings a sense of romanticism and creativity, while Mercury sextile Mars on April 8 helps to communicate your ideas and assert yourself effectively.

As Venus enters Gemini on April 11, there's a desire for more social interaction and intellectual stimulation. However, Venus squares Saturn on April 14 could bring relationship challenges or limitations.

The New Moon in Aries on April 20 marks a fresh start and an opportunity to set new intentions for the future. However, the Sun's square to Pluto on the same day could bring power struggles or conflicts.

Overall, April is a month of energy and excitement, but be mindful of impulsive or reckless behavior. Focus on practical matters and stay open to new experiences and opportunities.