

# May 2022

## Points West Living Lloydminster



POINTS WEST  
— LIVING —

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Loretta S. <b>1</b> 2:00 Bowling Game 6:00 Netflix Movie Night	11:00 Sit to be Fit <b>2</b> 2:00 Pokino	11:00 Chair Tai Chi <b>3</b> 2:00 Merle Tenney 6:00 Crib Game	11:00 Sit to be Fit <b>4</b> 2:00 Spa Day	Cinco De Mayo <b>5</b> 11:00 Chair Yoga 2:00 Bingo	11:00 Sit to be Fit <b>6</b> 2:00 Scattegories	11:00 Conversation Ball <b>7</b> 2:00 Spa Day
Mother's Day <b>8</b> 2:00 Hymn Sing 6:00 Netflix Movie Night	Patricia W. <b>9</b> 11:00 Sit to be Fit 2:00 Balloon Volleyball	11:00 Chair Tai Chi <b>10</b> 2:00 Bingo 6:00 Crib Game	11:00 Sit to be Fit <b>11</b> 2:00 Nurse's Week Tea	11:00 Chair Yoga <b>12</b> 2:00 Bingo	11:00 Sit to be Fit <b>13</b> 1:30 St. Mary's school Visit (8-9 yo)	11:00 Curling <b>14</b> 2:00 Pokino
2:00 Anagrams <b>15</b> 6:00 Netflix Movie Night	10:00 Resident Council Meeting <b>16</b> 11:00 Sit to be Fit 2:00 Edge Target	11:00 Chair Tai Chi <b>17</b> 2:00 Bingo 6:00 Crib Game	11:00 Sit to be Fit <b>18</b> 2:00 Shopping Cart	11:00 Chair Yoga <b>19</b> 2:00 Bingo	11:00 Sit to be Fit <b>20</b> 2:00 Horse Races	11:00 Balloon Pop <b>21</b> 2:00 Edge Target
2:00 Hymn Sing <b>22</b> 6:00 Netflix Movie Night	Victoria Day <b>23</b> 2:00 Planet Earth Viewing (Netflix)	11:00 Chair Tai Chi <b>24</b> 2:00 Bingo 6:00 Crib Game	8:00 National Wine <b>25</b> Day 11:00 Sit to be Fit 2:00 Wine and Cheese Tasting	11:00 Chair Yoga <b>26</b> 2:00 Bingo	11:00 Sit to be Fit <b>27</b> 2:00 Anagrams	11:00 Spa Day <b>28</b> 2:00 Bingo
2:00 Horse Races <b>29</b> 6:00 Netflix Movie Night	11:00 Sit to be Fit <b>30</b> 2:00 Balloon Volleyball	11:00 Chair Tai Chi <b>31</b> 2:00 Bingo 6:00 Crib Game				