



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  2PM outdoor social (weather permitting)	2 Civic Holiday  11am Sit and Be fit  2pm Tea and cake	3 National Watermelon Day  11am Sit and be fit  2pm Bingo	4  11am Sit and be fit  2pm Pokino	5  11am Sit and be fit  2pm Bingo	6  11am Sit and be fit  2pm Edge Target	7  11am Edge Target  2pm Pokino
8  2pm Bowling # Steps2mentalhealth Company Challenge Begins	9 World indigenous Day 11am Walk  2pm Scattergories	10 National Smores day 11am sit and be fit  2pm Bingo	11 Kim S 10am Resident Council Meeting 11am Walk  2pm Bean bag toss	12  11am sit and be fit.  2pm Bingo	13  11am Walk  2pm Movie night and flavored popcorn	14 Fay H  11am Balloon Pop Creative Expression 2pm Tote Bag Painting
15 Marguerite D  2pm Leisure moments word search& coloring outdoors (weather permitting)	16  11am Sit and be fit.  2pm Edge Target	17 Black Cat Apperception Day  11am Walk  2pm Bingo	18 Geoff S  11am Sit and be fit.  2pm Anagrams	19  11am Walk  2pm Bingo	20  11am Sit and be fit.  2pm Pub Afternoon	21  11am Bean Bag Toss  2pm Nail Painting
22  2pm Pokino	23  11am Walk  2pm Price is right	24  11am Sit and be fit.  2pm Bingo	25  11am Walk  2pm Tailgate Party #Steps2mentalhealth	26 Iris Berg  11am Sit and be fit.  2pm Bingo	27 11am Sit and be fit. 2pm Creative Expressions: Watercolor DragonFly Painting	28 11am Bowling  2pm outdoor games
29  2pm Bingo	30 11am Sit and be fit  2pm outdoor games (memory)	31  11am Sit and be fit  2pm Bingo			Point west Living Lloydminste r	August 2021

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