











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>Hairdresser comes in every Wednesday see Front desk for an appointment</b>	<b>2</b> <b>Snowball Fight 1:00 PM</b> 	<b>3</b> <b>Bingo 1:30 - 3:15</b> 	<b>4</b> <b>Arm Chair Travel 1 pm</b> <b>Taj Mahal</b> <b>Chair Yoga 2:00 PM</b>	<b>5</b> <b>Bingo 1:30 - 3:15</b> 	<b>6</b> <b>PUB DAY PARTY 1:00 PM</b> 	<b>7</b> <b>ARMCHAIR TRAVEL</b> 
<b>8</b> <b>READERS THEATER</b> 	<b>9</b> <b>Exercise 1-1:45</b> <b>Horse Racing</b> 	<b>10</b> <b>Bingo 1:30 - 3:15</b> 	<b>11</b> <b>Wheel of Fortune 1-1:45</b> <b>Flower Arrangements 1:45 PM</b>	<b>12</b> <b>Bingo 1:30 - 3:15</b> 	<b>13</b> <b>Exercise 1-1:45</b> <b>Duck Races</b> 	<b>14</b> <b>Current Events</b> 
<b>15</b> <b>Poetry Presentation</b>	<b>16</b> <b>SitN BeFit 1-1:45</b> <b>Star Gazing 1:45 - 3</b>	<b>17</b> <b>Bingo 1:30 - 3:15</b> 	<b>18</b> <b>Birthday Party Fred 1 pm</b> <b>HAPPY St. Patrick's DAY</b>	<b>19</b> <b>Bingo 1:30 - 3:15</b> 	<b>20</b> <b>Exercise 1-1:45</b> <b>Starting our Indoor Garden</b>	<b>21</b> <b>Puzzle Games</b> 
<b>22</b> <b>PICTURE TRIVIA</b> 	<b>23</b> <b>Exercise 1-1:45</b> <b>Paint Pouring 1:45 - 3</b>	<b>24</b> <b>Bingo 1:30 - 3:15</b> 	<b>25</b> <b>Exercise 1-1:45</b> <b>Vision Boards</b>	<b>26</b> <b>Bingo 1:30 - 3:15</b> 	<b>27</b> <b>SitN Be Fit 1-1:45</b> <b>Scrapbook and Memory Boards</b>	<b>28</b> <b>Trivia and Humour</b> 
<b>29</b> <b>CARING FOR SENIORS</b> 	<b>30</b> <b>Exercise 1-1:45</b> <b>MOP HOCKEY!!!</b>	<b>31</b> <b>Bingo 1:30 - 3:15</b> 	<b>32</b> <b>Exercise 1-1:45</b> <b>Yellow Dress Up Day</b>	<b>Happy St. Patrick's Day</b> 